

CONTENTS:

[PROTEINS](#)

[SIDES](#)

[CHEF'S SPECIALS](#)

[DIG GREENS](#)

[SAUCES & DRESSINGS](#)

[DESSERTS](#)

PROTEINS

CHARRED CHICKEN THIGH

Skinless chicken thigh, charred chicken marinade (olive oil, yellow onion, sea salt, water, coriander, mustard seed, lemon, onion powder, smoked sweet paprika, fennel seed)

HERB ROASTED CHICKEN BREAST

Chicken breast, herb marinade (canola oil, garlic, parsley, rosemary, oregano, thyme, coriander, paprika, sea salt)

CRISPY BAKED CHICKEN THIGH

Skinless chicken thigh, Herb Marinade (canola oil, garlic, parsley, rosemary, oregano, thyme, coriander, paprika, sea salt), cider vinegar, cornflakes, all-purpose flour, baking powder, smoked paprika

Contains: Wheat

SEARED WILD SALMON

Wild Alaskan salmon, seasoning blend (sea salt, black pepper, paprika, dried oregano, garlic powder, mustard powder, granulated sugar), canola oil

Contains: Fish

CRISPY TOFU

Tofu, seasoning (corn starch, coriander, crushed red pepper, sea salt, smoked paprika, dried oregano), canola oil

Contains: Soy

HOT HONEY CHICKEN

Charred Chicken (skinless chicken thigh, charred chicken marinade [extra virgin olive oil, yellow onion, lemon, sea salt, water, smoked sweet paprika, coriander, onion powder, mustard seed, fennel seed]), **Maple Honey Sriracha** (sriracha [canola oil, fresno pepper, sea salt, agave nectar, tomato paste, apple cider vinegar, garlic, water], maple syrup, honey)

MEATBALLS WITH TOMATO RAGU

Meatballs (beef, chicken, whole grain oats, crushed tomatoes [tomatoes, citric acid], white onion, cooked lentils [green lentils, water, salt, calcium chloride], carrot, cauliflower, eggs, potato starch, garlic, shiitake mushrooms, dried parsley, black pepper, fennel seed, celery seed, water, salt), tomato ragu (tomatoes, garlic oil [sunflower oil, garlic], sea salt, sugar, black pepper, chili flake)

Contains: Egg

BRAISED CHICKPEAS & LENTILS

Chickpeas, red lentils, cherry tomatoes, kale, red onion, carrot, celery, tomato ragu (tomatoes, garlic oil [sunflower oil, garlic], sea salt, sugar, black pepper, chili flake), water, canola oil, garlic, maple syrup, sea salt, smoked paprika, garam masala, black pepper, cinnamon, bay leaf

SIDES

CLASSIC BROWN RICE

Brown rice (brown rice, water, sea salt, bay leaf), thyme oil (sunflower oil, thyme), cider vinegar, lime juice, parsley

FARM GREENS WITH MINT

Mesclun greens, green cabbage, mint

SPICED FARRO WITH CARROT

Cooked farro (farro, water, sea salt, cinnamon, bay leaf), roasted carrot (carrot, canola oil, sea salt), celery, candied orange (sugar, orange peel, water, orange juice, orange extract, citric acid, cellulose), olive oil, parsley

Contains: Wheat

HERB MARINATED CANNELLINI BEANS

Cannellini beans, gremolata pesto (canola oil, parsley, olive oil, rosemary, garlic, sea salt, marjoram), celery, pickled onions (red onions, peppadew peppers, apple cider vinegar, sugar, sea salt), Maldon sea salt

TOMATOES AND CUCUMBERS

Persian cucumbers, heirloom cherry tomatoes, pickled onions (red onions, peppadew peppers, apple cider vinegar, sugar, sea salt), parsley, mint, cracked black pepper, Maldon sea salt

CASHEW KALE CAESAR

Green kale, tuscan kale, cashew caesar dressing (lemon juice, cashews, coconut aminos, garlic, dijon mustard, sea salt, black pepper, red wine vinegar, canola oil, water), candied cashew (cashew, maple syrup, sea salt, sugar, canola oil, cayenne pepper, chinese five spice, black pepper), chili flake, green cabbage, lemon juice, Maldon sea salt

Contains: Tree Nut (cashew)

CHARRED BROCCOLI WITH LEMON

Roasted broccoli (broccoli, sea salt, garlic oil [sunflower oil, garlic]), lemon, Maldon sea salt

JASPER HILL MAC & CHEESE

Whole wheat pasta, bechamel sauce (canola oil, whole wheat flour, whole milk, garlic, rosemary, nutmeg, sea salt, bay leaf, black pepper, nisin), Jasper Hill shredded cheese blend, heavy cream, seasoned breadcrumb (panko breadcrumb, garlic oil [sunflower oil, garlic], onion powder, sea salt, smoked sweet paprika, black pepper)

Contains: Milk, Wheat

ROASTED SWEET POTATOES

Roasted sweet potato (sweet potato, canola oil, sea salt, black pepper), rosemary oil (sunflower oil, rosemary), olive oil, Maldon sea salt

SHEET TRAY CARROTS

Coriander spiced carrot (carrot, garlic oil [sunflower oil, garlic], coriander, sea salt, chili flake), gremolata pesto (marjoram, parsley, rosemary, garlic, canola oil, olive oil, sea salt), lemon, Maldon sea salt

CHILI LIME BRUSSELS SPROUTS

Marinated brussels sprouts (brussels sprouts, red onion, canola oil, sea salt, sugar, smoked black pepper), sweet chili sauce (agave nectar, canola oil, cider vinegar, gochugaru, ginger, garlic, sea salt, red chili flake), lime juice, basil, mint

HOMESTYLE MASHED POTATOES

Potatoes, heavy cream, butter, garlic oil (sunflower oil, garlic), sea salt

Contains: Milk

CARROT GINGER SOUP

Water, coriander spiced carrot (carrot, garlic oil [sunflower oil, garlic], coriander, sea salt, chili flake), red onion, agave, ginger, garlic, sea salt, lime juice

CHEF'S SPECIALS

CLASSIC DIG

Charred Chicken (skinless chicken thigh, charred chicken marinade [olive oil, yellow onion, sea salt, water, coriander, mustard seed, lemon, onion powder, smoked sweet paprika, fennel seed]), **Roasted Sweet Potatoes** (sweet potato, sweet potato marinade [canola oil, sea salt, black pepper], rosemary oil [sunflower oil, rosemary], olive oil, Maldon sea salt), **Charred Broccoli with Lemon** (broccoli, sea salt, garlic oil [sunflower oil, garlic], lemon, Maldon sea salt), **Classic Brown Rice** (brown rice, water, sea salt, bay leaf, thyme oil [sunflower oil, thyme], cider vinegar, lime juice, Maldon sea salt, parsley), **Garlic Aioli** (tofu, canola oil, garlic, cider vinegar, dijon mustard, sea salt, nutritional yeast, cayenne)

Contains: Soy

VEGAN CLASSIC DIG

Crispy Tofu (tofu, seasoning [corn starch, coriander, crushed red pepper, sea salt, smoked paprika, dried oregano], canola oil), **Roasted Sweet Potatoes** (sweet potato, sweet potato marinade [canola oil, sea salt, black pepper], rosemary oil [sunflower oil, rosemary], olive oil, Maldon sea salt), **Charred Broccoli with Lemon** (broccoli, sea salt, garlic oil [sunflower oil, garlic], lemon, Maldon sea salt), **Classic Brown Rice** (brown rice, water, sea salt, bay leaf, thyme oil [sunflower oil, thyme], cider vinegar, lime juice, Maldon sea salt, parsley), **Garlic Aioli** (tofu, canola oil, garlic, cider vinegar, dijon mustard, sea salt, nutritional yeast, cayenne)

Contains: Soy

HOT HONEY CHICKEN BOWL

Charred Broccoli with Lemon (broccoli, sea salt, garlic oil [sunflower oil, garlic], lemon, Maldon sea salt), **Sheet Tray Carrots** (coriander spiced carrot [carrot, canola oil, coriander, sea salt, chili flake], lemon, gremolata [garlic, rosemary, marjoram, canola oil, parsley, sea salt, olive oil], lemon, Maldon sea salt), **Jasper Hill Mac & Cheese** (whole wheat pasta, bechamel sauce [canola oil, whole wheat flour, whole milk, garlic, rosemary, nutmeg, sea salt, bay leaf, black pepper, nisin], Jasper Hill cheese blend, heavy cream, seasoned breadcrumb [panko breadcrumb, garlic oil (sunflower oil, garlic), onion powder, sea salt, smoked sweet paprika, black pepper], sea salt), **Charred Chicken** (Skinless chicken thigh, charred chicken marinade [olive oil, yellow onion, sea salt, water, coriander, mustard seed, lemon, onion powder, smoked sweet paprika, fennel seed]), **Maple Honey Sriracha** (sriracha [canola oil, Fresno pepper, sea salt, agave nectar, tomato paste, apple cider vinegar, garlic, water], maple syrup, honey)

Contains: Milk, Wheat

SPICY SALMON BOWL

Seared Wild Salmon (Wild Alaskan salmon, seasoning blend [sea salt, black pepper, paprika, dried oregano, garlic powder, mustard powder, granulated sugar], canola oil), **Classic Brown Rice** [cooked brown rice (brown rice, water, sea salt, bay leaf), thyme oil (sunflower oil, thyme), apple cider vinegar, lime juice, parsley], **Roasted Sweet Potatoes** (sweet potato, sweet potato marinade [canola oil, sea salt, black pepper], rosemary oil [sunflower oil, rosemary], olive oil, Maldon sea salt), **Charred Broccoli with Lemon** (broccoli, sea salt, garlic oil [sunflower oil, garlic], lemon, Maldon sea salt), **Sriracha** (canola oil, fresno pepper, sea salt, agave nectar, tomato paste, apple cider vinegar, garlic, water), lemon wedge

Contains: Fish

TARRAGON MUSTARD CHICKEN PLATE

Herb Roasted Chicken Breast (chicken breast, herb marinade [canola oil, garlic, parsley, rosemary, oregano, thyme, coriander, paprika, sea salt]), **Sheet Tray Carrots** (coriander spiced carrot [carrot, garlic oil (sunflower oil, garlic), coriander, sea salt, chili flake], gremolata pesto [marjoram, parsley, rosemary, garlic, canola oil, olive oil, sea salt], lemon, Maldon sea salt), **Homestyle Mashed Potatoes** (potatoes, heavy cream, butter, garlic oil [sunflower oil, garlic], sea salt), **Poultry Gravy** (turkey stock [water, turkey stock, natural flavor, yeast extract, sugar, turkey fat], wheat starch, corn starch, chicken fat [chicken fat, rosemary], spices, sea salt, granulated sugar, caramel color, onion powder, carrot powder [carrot, rice hull], nisin), **Tarragon Mustard** (mustard blend [dijon mustard, spicy brown mustard], canola oil, olive oil, vinegar, sugar, sea salt, tarragon)

Contains: Milk, Wheat

TARRAGON MUSTARD SALMON PLATE

Seared Wild Salmon (Wild Alaskan salmon, seasoning blend [sea salt, black pepper, paprika, dried oregano, garlic powder, mustard powder, granulated sugar], canola oil), **Classic Brown Rice** [cooked brown rice (brown rice, water, sea salt, bay leaf), thyme oil (sunflower oil, thyme), apple cider vinegar, lime juice, parsley], **Sheet Tray Carrots** (coriander spiced carrot [carrot, garlic oil (sunflower oil, garlic), coriander, sea salt, chili flake], gremolata pesto [marjoram, parsley, rosemary, garlic, canola oil, olive oil, sea salt], lemon, Maldon sea salt), **Tarragon Mustard** (mustard blend [dijon mustard, spicy brown mustard], canola oil, olive oil, vinegar, sugar, sea salt, tarragon), **Lemon**

Contains: Fish

TARRAGON CHICKEN CAESAR PLATE

Cashew Kale Caesar (green kale, tuscan kale, green cabbage, cashew caesar dressing [lemon juice, cashews, coconut aminos, garlic, dijon mustard, sea salt, black pepper, red wine vinegar, canola oil, water], candied cashew [cashew, maple syrup, sea salt, sugar, canola oil, cayenne

pepper, chinese five spice, black pepper], chili flake, lemon juice, Maldon sea salt), **Herb Roasted Chicken Breast** (chicken breast, herb marinade [canola oil, garlic, parsley, rosemary, oregano, thyme, coriander, paprika, sea salt]), **Avocado**, olive oil, Maldon sea salt, **Tarragon Mustard** (mustard blend [dijon mustard, spicy brown mustard], canola oil, olive oil, vinegar, sugar, sea salt, tarragon)

Contains: Tree Nuts (cashew)

MEATBALLS & SPICED FARRO PLATE

Meatballs with Tomato Ragu (meatballs [beef, chicken, whole grain oats, crushed tomatoes (tomatoes, citric acid), white onion, cooked lentils (green lentils, water, salt, calcium chloride), carrot, cauliflower, eggs, potato starch, garlic, shiitake mushrooms, dried parsley, black pepper, fennel seed, celery seed, water, salt], tomato ragu [tomatoes, garlic oil (sunflower oil, garlic), sea salt, sugar, black pepper, chili flake]), **Spiced Farro with Carrot** (cooked farro [farro, water, sea salt, cinnamon, bay leaf], roasted carrot [carrot, canola oil, sea salt], celery, candied orange [sugar, orange peel, water, orange juice, orange extract, citric acid, cellulose], olive oil, parsley), **Sheet Tray Carrots** (coriander spiced carrot [carrot, canola oil, coriander, sea salt, chili flake], gremolata pesto [marjoram, parsley, garlic, canola oil, maldon, sea salt, black pepper], lemon), **Pesto** (olive oil, canola oil, water, cider vinegar, basil, garlic, caper, parsley, shallot, mustard, sea salt, black pepper)

Contains: Wheat, Egg

BRAISED CHICKPEAS & LENTILS WITH RICE

Braised Chickpeas & Lentils (chickpeas, red lentils, cherry tomatoes, kale, red onion, carrot, celery, tomato ragu [tomatoes, garlic oil (sunflower oil, garlic), sea salt, sugar, black pepper, chili flake], water, canola oil, garlic, maple syrup, sea salt, smoked paprika, garam masala, black pepper, cinnamon, bay leaf), **Classic Brown Rice** (brown rice, water, sea salt, bay leaf, thyme oil [sunflower oil, thyme], cider vinegar, lime juice, Maldon sea salt, parsley), **Lemon**

DIG GREENS

KALE CAESAR SALAD

Cashew Kale Caesar (green kale, tuscan kale, green cabbage, cashew caesar dressing [lemon juice, cashews, coconut aminos, garlic, dijon mustard, sea salt, black pepper, red wine vinegar, canola oil, water], candied cashew [cashew, maple syrup, sea salt, sugar, canola oil, cayenne pepper, chinese five spice, black pepper], chili flake, lemon juice, Maldon sea salt), **Tomatoes & Cucumbers** (persian cucumbers, heirloom cherry tomatoes, pickled red onions (cider vinegar, water, sea salt, sugar, peppadew peppers, vinegar), mint, parsley, black pepper, Maldon sea salt), **Seasoned Breadcrumb** (panko breadcrumb, garlic oil [sunflower oil, garlic], onion powder, sea salt, smoked sweet paprika, black pepper), **Seasoned Breadcrumb** (panko breadcrumb, garlic oil [sunflower oil, garlic], onion powder, sea salt, smoked sweet paprika, black pepper)

Contains: Wheat, Tree Nuts (cashew)

AVO GRAIN BOWL

Farm Greens w/ Mint (mesclun greens, green cabbage, mint), **Spiced Farro with Carrot** (cooked farro [farro, water, sea salt, cinnamon, bay leaf], roasted carrot [carrot, canola oil, sea salt], celery, candied orange [sugar, orange peel, water, orange juice, orange extract, citric acid, cellulose], olive oil, parsley), **Tomatoes & Cucumbers** (persian cucumbers and heirloom cherry tomatoes, pickled red onions [red onion, peppadew peppers, cider vinegar, sea salt, sugar], mint, parsley, black pepper, Maldon sea salt), **Sheet Tray Carrots** (coriander spiced carrot [carrot, canola oil, coriander, sea salt, chili flake], gremolata pesto [marjoram, parsley, garlic, canola oil, maldon, sea salt, black pepper], lemon), **Avocado**, olive oil, Maldon sea salt, **Balsamic Vinaigrette** (balsamic vinegar canola oil, mustard, agave nectar, shallot, garlic, rosemary)

Contains: Wheat

KALE CAESAR SALAD WITH CRISPY CHICKEN

Cashew Kale Caesar (green kale, tuscan kale, green cabbage, cashew caesar dressing [lemon juice, cashews, coconut aminos, garlic, dijon mustard, sea salt, black pepper, red wine vinegar, canola oil, water], candied cashew [cashew, maple syrup, sea salt, sugar, canola oil, cayenne pepper, chinese five spice, black pepper], chili flake, lemon juice, Maldon sea salt), **Tomatoes & Cucumbers** (persian cucumbers, heirloom cherry tomatoes, pickled red onions (cider vinegar, water, sea salt, sugar, peppadew peppers, vinegar), mint, parsley, black pepper, Maldon sea salt), **Seasoned Breadcrumb** (panko breadcrumb, garlic oil [sunflower oil, garlic], onion powder, sea salt, smoked sweet paprika, black pepper), **Crispy Chicken** (skinless chicken thigh, herb marinade [canola oil, garlic, parsley, rosemary, oregano, thyme, coriander, paprika, sea salt], cider vinegar, cornflakes, all-purpose flour, baking powder)

Contains: Wheat, Tree Nuts (cashew)

AVO GRAIN BOWL WITH CRISPY TOFU

Farm Greens w/ Mint (mesclun greens, green cabbage, mint), **Spiced Farro with Carrot** (cooked farro [farro, water, sea salt, cinnamon, bay leaf], roasted carrot [carrot, canola oil, sea salt], celery, candied orange [sugar, orange peel, water, orange juice, orange extract, citric acid, cellulose], olive oil, parsley), **Tomatoes & Cucumbers** (persian cucumbers and heirloom cherry tomatoes, pickled red onions [red onion, peppadew peppers, cider vinegar, sea salt, sugar], mint, parsley, black pepper, Maldon sea salt), **Sheet Tray Carrots** (coriander spiced carrot [carrot, canola oil, coriander, sea salt, chili flake], gremolata pesto [marjoram, parsley, garlic, canola oil, maldon, sea salt, black pepper], lemon), **Avocado**, olive oil, Maldon sea salt, **Balsamic Vinaigrette** (balsamic vinegar canola oil, mustard, agave nectar, shallot, garlic, rosemary), **Crispy Tofu** (tofu, seasoning [corn starch, coriander, crushed red pepper, sea salt, smoked paprika, dried oregano], canola oil)

Contains: Wheat, Soy

ALL-DAY DEALS

FAN FAVES PLATE

Herb Roasted Chicken Breast (chicken breast, herb marinade [canola oil, garlic, parsley, rosemary, oregano, thyme, coriander, paprika, sea salt]), **Sheet Tray Carrots** (coriander spiced carrot [carrot, garlic oil (sunflower oil, garlic), coriander, sea salt, chili flake], gremolata pesto [marjoram, parsley, rosemary, garlic, canola oil, olive oil, sea salt], lemon, Maldon sea salt), **Cashew Kale Caesar** (green kale, tuscan kale, green cabbage, cashew caesar dressing [lemon juice, cashews, coconut aminos, garlic, dijon mustard, sea salt, black pepper, red wine vinegar, canola oil, water], candied cashew [cashew, maple syrup, sea salt, sugar, canola oil, cayenne pepper, chinese five spice, black pepper], chili flake, lemon juice, Maldon sea salt), **Pesto** (olive oil, canola oil, water, cider vinegar, basil, garlic, caper, parsley, shallot, mustard, sea salt, black pepper)

Contains: Tree Nuts (cashew)

VEGAN FAN FAVORITES

Crispy Tofu (tofu, seasoning [corn starch, coriander, crushed red pepper, sea salt, smoked paprika, dried oregano], canola oil), **Charred Broccoli with Lemon** (broccoli, sea salt, garlic oil [sunflower oil, garlic], lemon, Maldon sea salt), **Chili Lime Brussels** (marinated brussels sprouts [brussels sprouts, red onion, canola oil, sea salt, sugar, smoked black pepper], sweet chili sauce [agave nectar, canola oil, cider vinegar, gochugaru, ginger, garlic, sea salt, red chili flake], lime juice, basil, mint), **Guest's choice of sauce**

Contains: Soy

WINTER PROTEIN PLATE

Charred Chicken (skinless chicken thigh, charred chicken marinade [olive oil, yellow onion, sea salt, water, coriander, mustard seed, lemon, onion powder, smoked sweet paprika, fennel seed]), **Braised Chickpeas & Lentils** (chickpeas, red lentils, cherry tomatoes, kale, red onion, carrot, celery, tomato ragu [tomatoes, garlic oil (sunflower oil, garlic), sea salt, sugar, black pepper, chili flake], water, canola oil, garlic, maple syrup, sea salt, smoked paprika, garam masala, black pepper, cinnamon, bay leaf), **Classic Brown Rice** (brown rice, water, sea salt, bay leaf, thyme oil [sunflower oil, thyme], cider vinegar, lime juice, Maldon sea salt, parsley), **Garlic Aioli** (tofu, canola oil, garlic, cider vinegar, dijon mustard, sea salt, nutritional yeast, cayenne)

Contains: Soy

SAUCES & DRESSINGS

GARLIC AIOLI

Tofu, canola oil, garlic, cider vinegar, dijon mustard, sea salt, nutritional yeast, cayenne

Contains: Soy

PESTO

Olive oil, canola oil, water, cider vinegar, basil, garlic, caper, parsley, shallot, mustard, sea salt, black pepper

SRIRACHA

Canola oil, fresno pepper, sea salt, agave nectar, tomato paste, apple cider vinegar, garlic, water

MAPLE HOT HONEY

Sriracha (canola oil, fresno pepper, sea salt, agave nectar, tomato paste, apple cider vinegar, garlic, water), honey, maple syrup

CASHEW CAESAR DRESSING

Lemon juice, cashews, coconut aminos, garlic, dijon mustard, sea salt, black pepper, red wine vinegar, canola oil, water

Contains: Tree nuts (cashew)

BALSAMIC VINAIGRETTE

Balsamic vinegar, canola oil, mustard, agave nectar, shallot, garlic, rosemary

POULTRY GRAVY

Turkey stock (water, turkey stock, natural flavor, yeast extract, sugar, turkey fat), wheat starch, corn starch, chicken fat (chicken fat, rosemary), spices, sea salt, granulated sugar, caramel color, onion powder, carrot powder (carrot, rice hull), nisin

Contains: Wheat

TARRAGON MUSTARD

Mustard blend (dijon mustard, spicy brown mustard), canola oil, olive oil, vinegar, sugar, sea salt, tarragon

DESSERTS

ICED LEMON CAKE

Bread flour, butter, buttermilk, lemon juice, sugar, baking powder, baking soda, sea salt, lemon zest, egg, powdered sugar

Contains: Wheat, Milk, Egg

FLOURLESS BROWNIE

Dark chocolate, sugar, free-range egg, sweet potato puree (sweet potato, canola oil, olive oil, black pepper, paprika, sea salt), vanilla extract, sea salt, baking soda, baking powder, Maldon sea salt

Contains: Egg, Soy

CHOCOLATE CHIP COOKIE

Flour, butter, milk, sugar, brown sugar, dark chocolate, vanilla, sea salt

Contains: Wheat, Milk, Egg, Soy